Dear All,

We are once again looking for a team of medics to volunteer at the 2016 Brighton Marathon on Sunday 17th April. The medical team will help provide care to the 12,000 runners who will be taking part. The marathon education event is at 4pm on Saturday 16th April in the Hilton, Brighton. Over the past six years, many medical volunteers have signed up to be a supporting part of The Brighton Marathon Weekend – with the success of the event down to our team of volunteers. As the event expands so does the need for additional support.

For those of you who have volunteered in the past – thank you. Without you there would be no medical care for the runners and without that there would be no marathon. We hope you enjoyed the day and would be delighted if you are able to join us once again. For those who have not volunteered – please come and join us!

Dr Rob Galloway (Emergency Medicine Consultant at BSUH NHS Trust) leads the medical team with an enhanced clinical governance structure to help provide the best possible care for runners and best possible clinical framework for volunteers.

The Brighton Marathon Medical Team will work in conjunction with St John Ambulance, but trained medical volunteers will work under the auspices of the Brighton Marathon Medical Team and not St John Ambulance. St John Ambulance will provide the infrastructure for the first aid provision and the first aid rooms. However, the Brighton Marathon Medical Team will be specifying the medical equipment available to trained medical personnel, as well as providing needed drugs, blood testing equipment and clear instructions and protocols. We are working with Philips to ensure the highest quality medical equipment is available to staff.

For those of you who can volunteer, we are looking for two types of volunteers:

1) Staff with experience in emergency care; ITU Doctors and Nurses, Anaesthetists and ODPs, Emergency Medical Doctors and Nurses, Medical Doctors, GPs with experience in emergency care, Resuscitation Officers and Paramedics/Ambulance personnel as well as Pharmacists.

2) Experts in sports related injuries including Doctors, Podiatrists and Physiotherapists.

How to sign up

Please visit [www.brightonmarathon.co.uk/medical-team-volunteers](http://www.brightonmarathon.co.uk/medical-team-volunteers)

For further information please email medicalteam@brightonmarathon.co.uk
If you are a doctor, you need to have completed F1 to volunteer and need to let your insurance company (MPS/MDU) know. You also need to be occupationally health cleared and CRB cleared to work in an NHS practice setting. Nurses and Paramedic volunteers also need to be a member of a Union with an indemnity insurance scheme e.g. Royal College of Nursing. If you are a member of St John and want to work as an HCP on the day you must sign up with the Marathon Medical Team as well.

You will be put in teams around the course based on skill mix and provided with appropriate protocols, equipment and drugs, as well as radio communication and jackets specifying you are working for the Brighton Marathon Medical Team. Consultants will supervise each main area, as well as supervising triage of patients to St John Ambulance first aid, or the Brighton Marathon Medical Team, or Physiotherapy/Podiatry. You will not be expected to do anything above your level of competence and must inform team leaders if you are asked to do so.

Our aims are simple – for people who are seriously medically sick, stabilise them and transfer to hospital. For less sick patients, we aim to provide care at the scene to avoid having to go to hospital, hopefully helping them finish the race. We are not there though, to replicate the function of a hospital. However, as there is only one hospital for the city, by having a great medical set up we reduce the number of patients going to hospital and allow the marathon to take place with minimal impact on others.

And finally...

Being a medical volunteer for the marathon should be great day. Hopefully all the provisions, skills, equipment and planning will be used on very few occasions and everyone can have a great day soaking up the atmosphere whilst enjoying time with friends and colleagues. But you will be there just in case a runner or member of public needs you. It is unpaid, but we provide you with a sports top, feed you on the day and encourage you to join the after marathon party. All we ask is for your time and to join us for the best view in town of Brighton’s biggest event.

Thanks for volunteering!

We will also be organising a marathon conference on the day before at the Hilton in Brighton on Saturday 16th April at 4pm. We would like you to attend to get vital medical and logistical information as well as an interesting educational CPD evening.

Rob Galloway  
Medical Director

Tom Naylor  
Race Director

Rachael Grimaldi  
Associate Medical Director

David Bowen  
Deputy Director of Medical Services

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For further information please email [medicalteam@brightonmarathon.co.uk](mailto:medicalteam@brightonmarathon.co.uk)